



Mama Strut Postpartum Care System

Benefits to Birth Hospital/Women's Healthcare providers by making Mama Strut the Standard Postpartum care device:

- *Leaders In Women's Healthcare*
- *The most advanced postpartum recovery device available*
- *Patients report :*
 - Increased patient satisfaction*
 - Increased Mobility*
 - Elevated moods*

OBGYNs, Midwives, Chiropractors, Pelvic PTs, Doulas, Lactation Consultants and Mamas Agree
The Mama Strut is the #1 Post Birth Recovery System

Product Overview

Mama Strut is a patented pelvic soft brace that is uniquely engineered to deliver heat/ice therapy to reduce post birth pain, swelling and cramping from vaginal deliveries, c-sections, while also supporting the pelvic floor, back, hips (SI) and abdomen with multi-directional adjustable compression just where mama needs it.

Mama Strut fits comfortably and discreetly under clothing, and is made with moisture-wicking, anti-microbial fabric for supreme comfort. The Mama Strut offers women increased relief and mobility after childbirth, as well as the ability to take care of themselves and their baby without the need for heavy pain medication.



Product Features

- Pelvic Floor Support
- Lower Back/Hip (SI) Support
- Abdominal support that shrinks as you do
- Ice Heat Pouches for Perineum, Lower Back and Abdominal Comfort
- Machine Washable
- Naturally Moisture-Wicking and Anti-Microbial
- Available in 8 sizes



How Does Mama Strut Work?

Mama Strut is a patented medical device designed to make postpartum recovery more comfortable and more successful. Although every postpartum is unique, all include different degrees of discomforts to serious trauma of the pelvis' soft tissue. Mama Strut uses commonly accepted principals (P.R.I.C.E.S.) followed by doctors, physical therapists and trainers to treat soft tissue damage and pain in all parts of the body.

Protect, Rest, Ice, Compress, Elevate and Support are the main components of advice given by health care professionals when we damage our soft tissue. Soft tissue needs time to rest to heal post trauma before exercise begins again and this rest period is often aided by ice and/or heat during the healing process. Mama Strut now makes this easy an effective for the pelvis.

User Reported Benefits:

- Perceived Faster Healing and Mobility
- Increased Patient Satisfaction Post Birth
- Elevated Mood
- Increased or Made Breastfeeding Easier
- Natural/Narcotic Free Postpartum Pain Management for Perineum, Hemorrhoids, Lower Back Pain and Abdominal Cramping
- Complete Pelvic Support
- Discrete and Mobile Postpartum Care
- Reduced Swelling
- Easy to Use

Insurance

Diagnosis Codes

Recommended ICD-10-CM codes:

- R10.2 Pelvic and perineal pain Diagnosis codes:
- N81.82 Weakening of pubocervical tissue
- O26.7 Subluxation of symphysis (pubis) in pregnancy, childbirth & puerperium
- O71.89 Diastasis Recti
- K40-46 Hernia
- O70.0 - O70.4 Perineal laceration during delivery
- M54.5 Acute or chronic pain in the lumbar or sacral region
- M25.551/M25.552 Hip pain R/L
- R10.30 Lower abdominal, inguinal, groin pain

HCPCS Codes:

- L8310 - Double Truss Lower back support
- L0621 - Sacroiliac Orthosis, Flexible, Pelvic-sacral support, reduces motion about the sacroiliac joint, includes straps, closures, may include perdulous abdomen design, fabricated, off-the-shelf
- 846.0 - 847.9 - Medical tax credit or insurance claim may be applied Sprains strains of sacroiliac region
- A4466 - Garment, belt, sleeve or other covering, elastic or similar stretchable material, any type, each

Mama Strut by PELV-ICE is currently recommended by many OBGYNs, Midwives, Doulas, Pelvic PT, Chiropractors and Lactation Consultants at top facilities and by national mommy organizations including but not limited to:

