

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Due Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Phone: ( \_\_\_\_ ) \_\_\_\_ - \_\_\_\_

Email: \_\_\_\_\_

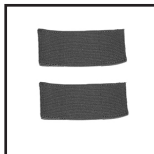
Diagnosis:

- R10.2** Pelvic and perineal pain
- I86.3** Vulva varicosities injury of extrenal genitals
- O26.7** Subluxation of symphysis (pubis) in pregnancy, childbirth & puerperium
- O71.89** Diastasis recti
- K40-46** Hernia
- O70.0-O70.4** Perineal laceration during delivery
- M54.5** Acute or chronic pain in the lumbar or sacral region
- M25.551/M.552** Hip pain R/L
- S30.23** Vulvar/Vaginal hematoma
- R10.30** Lower Abdominal, inguinal, groin pain

CPT: L8310

Style:

Postpartum System     Maternity System     Abdominal Ice/Heat     Lower Back Ice/Heat     Extender Bands



Size:  XXS     XS     S     M     L     XL     2XL     3XL     4XL

Physician Signature: \_\_\_\_\_

**DISPENSE AS WRITTEN NO SUBSTITUTION**

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Fax to: 310-421-0098

email: rx@mamastrut.com



Mama Strut applies clinically proven Sports Medicine technology to new mama care. P.R.I.C.E.S. followed by doctors, physical therapists and trainers to treat soft tissue damage and pain. Protect, Rest, Ice, Compress, Elevate and Support. Manage pain, swelling, bleeding, and pressure naturally with Mama Strut— effective, simple, natural.



### The Mama Strut System

Mama Strut's soft brace construction is uniquely engineered to deliver adjustable compression and heat/ice therapy to reduce post birth pain, swelling and cramping from vaginal deliveries and c-sections. It supports the back, hips, perineum, and abdomen with multi-directional adjustable compression. Designed for comfort, it fits discreetly under clothing and is made with moisture-wicking, anti-microbial fabric for gentle care. Includes 2 perineum gel packs with removable pouches.



### The Mama Strut Maternity System

Maternity Mama Strut supports your growing abdomen with 2 layers of velcro straps, adjustable lower back / hip support that is engineered to stay in place. Vagina/perineum support for counter pressure on swelling, prolapse and vulvar varicosities in combination with ice/heat therapy. Includes 2 perineum gel packs with removable pouches.

### Abdominal Accessory

Securely attaches to Mama Strut for ice/heat.



### Lower Back Accessory

Securely attaches to Mama Strut for ice/heat.



### Extender Bands

Extender bands are used to give an extra 3" of waist flexibility so that you can wear your Mama Strut even if you are exceptionally swollen in the abdomen after giving birth.



## Size Chart

Size	Fits	Size	Fits
XXS	26" to 32" (66cm to 82cm)	XL	42" to 48" (107cm to 123cm)
XS	29" to 34" (73cm to 87cm)	2XL	48" to 54" (122cm to 137cm)
S	32" to 37" (82cm to 94cm)	3XL	54" to 60" (137cm to 152cm)
MED	35" to 42" (94cm to 107cm)	4XL	60" to 64" (152cm to 163cm)
LG	38" to 45" (97cm to 115cm)		