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**Fax:** (424) 293-1283

facsimile transmittal

To: Fax:  
From: Mama Strut Date:  
Re: PWO and Clinical Notes Needed Pages: 3

**CONFIDENTIAL**

Attention Health Care Provider:

We have received a request to bill your patient's insurance for one of our pelvic support systems.  
**We will need the following sent back to us by this**

1. **Attached PWO completed** (Note: See below)
2. **Supporting clinical notes**

→ It is imperative that no sections are left blank. The following must be **COMPLETELY** filled out:

- ✓ **Due Date**
- ✓ **Diagnosis** (Diagnosis Code, Duration of Need, and all Yes/No Questions MUST be answered)
- ✓ **Brace Size**

**\*\*\*\* WE CANNOT ACCEPT THE FORM UNLESS IT IS COMPLETELY FILLED OUT WITH SUPPORTING CLINICAL NOTES ATTACHED \*\*\*\***

Our preferred method of submission is via email at: rx@mamastrut.com, but we can also receive faxes at: (424) 293-1283

If you have any questions, please call us at (844) 370-1858 and select extension 1 for assistance.

Best Regards,  
Mama Strut Mama Care  
PELV-ICE, LLC  
www.mamastrut.com

# Physician's Written Order

## Total Pelvic Support System



Due Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Start Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**Patient Info**

First: \_\_\_\_\_ Last: \_\_\_\_\_ MI: \_\_\_\_\_ Patient DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender:  M  F

Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ ZIP: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

**Diagnosis**

R10.2 - Pelvic and Perineal Pain

I86.3 - Vulvar varices, Injury of the external genitalia

O26.7 - Subluxation of symphysis (pubis) in pregnancy, childbirth & puerperium

O71.89 - Diastasis recti

K40-46 - Hernia

O70.0-O70.4 - Perineal laceration during delivery

M54.5 - Acute or chronic pain in the lumbar or sacral region

M25.551/M25.552 - Hip pain R/L

S30.23 - Vulvar/Vaginal hematoma

R10.30 - Lower Abdominal, inguinal, groin pain

N81 - Female genital prolapse

Other: \_\_\_\_\_

Other: \_\_\_\_\_

Duration of need: \_\_\_\_\_ months

(99 = Lifetime)

Answer All Questions below:

\_\_\_\_yes \_\_\_\_no Did the patient have a 3rd or 4th degree vaginal tear with a previous delivery?

\_\_\_\_yes \_\_\_\_no Did the patient have a breakdown of the suture, opening of skin with infection in a previous delivery?

\_\_\_\_yes \_\_\_\_no Did the patient have an episiotomy with a previous delivery?

\_\_\_\_yes \_\_\_\_no Did the patient have a rectal fissure repaired after delivery?

\_\_\_\_yes \_\_\_\_no Did the patient have a prolonged recovery from a vaginal tear in a previous delivery?

\_\_\_\_yes \_\_\_\_no Did the patient have a prior c-section with wound infection and/or wound disruption?

\_\_\_\_yes \_\_\_\_no Does the patient have diastasis or hernia from a prior c-section or vaginal delivery?

\_\_\_\_yes \_\_\_\_no Did the patient suffer with recurrent/persistent low back pain with this pregnancy?

\_\_\_\_yes \_\_\_\_no Does the patient have a BMI over 30 with an increased wound infection risk?

\_\_\_\_yes \_\_\_\_no Does the patient have severe diabetes and a history/or increased risk for wound infections, slow healing wounds?

\_\_\_\_yes \_\_\_\_no Does the patient have genital prolapse?

\_\_\_\_yes \_\_\_\_no Does the patient have a history of hemorrhoids?

\_\_\_\_yes \_\_\_\_no Does the patient suffer from pelvic floor dysfunction or incontinence?

**Insurance**

Primary Insurance: \_\_\_\_\_

Policy/ID #: \_\_\_\_\_

Group #: \_\_\_\_\_

Phone #: \_\_\_\_\_

Secondary Insurance: \_\_\_\_\_

Policy/ID #: \_\_\_\_\_

Group #: \_\_\_\_\_

Phone #: \_\_\_\_\_

**Doctor Info**

Prescribing Physician Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**Select Product & Appropriate Size**

Check one & Appropriate Size

Medical Grade Mama Strut Postpartum Care System

Select Size:  XS  S  M  L  XL  2XL  3XL  4XL

Postpartum/Post-op: 8" wide medical grade quality, latex free, anti-microbial abdominal, pelvic-sacral and lumbar support secured by attached compression shorts for maximum stability with 3 attached and adjustable pelvic floor/perineum/hernia elastic tension straps. Use with or without adjustable tension straps to customize placement and amount of support.

Removable and adjustable pouch with gel packs for cryotherapy or heat therapy in combination with compression to reduce pain, swelling and pressure for the lumbar, hips abdomen and perineum. Latex free.

**HCPCS**

**E1399:** Long Description: PELVIC ORTHOSIS, FLEXIBLE, PROVIDES PELVIC-SACRAL SUPPORT, PROVIDES LUMBAR SUPPORT, PROVIDES PELVIC FLOOR/PERINEAL SUPPORT, PROVIDES ABDOMINAL SUPPORT, REDUCES MOTION ABOUT THE SACROILIAC JOINT, HIP JOINT, ADJUSTABLE FLEXION, EXTENSION, ABDUCTION CONTROL, PRODUCES INTRACAVITARY PRESSURE TO REDUCE LOAD ON THE PELVIS, LUMBAR, ABDOMINALS AND PELVIC FLOOR. INCLUDES REMOVABLE POUCHES WITH GEL PACKS FOR ICE/HEAT THERAPY ON THE LUMBAR, HIPS, ABDOMINALS AND PERINEUM.

I certify that I am the physician/practitioner identified on this form. I have reviewed the Physician's Written Order. Any statement on my letterhead attached hereto, has been reviewed and signed by me. I certify that the medical necessity information is true, accurate and complete, to the best of my knowledge. I certify I am qualified, under CMS guidelines, to sign and prescribe medical equipment and supplies. I certify that the patient/caregiver is capable and has successfully completed training or will be trained on the proper use of the products prescribed on this Written Order. The patient's record contains supporting documentation that substantiates the utilization and medical necessity of the products listed and physician notes and other supporting documentation will be provided to CompCare Health, Inc. upon request. I understand any falsification, omission, or concealment of material fact in that section may subject me to civil or criminal liability. A copy of this order will be retained as part of the patient's medical record.

Physician Signature : \_\_\_\_\_ Date: \_\_\_\_\_ Printed Name: \_\_\_\_\_

(STAMPS NOT ACCEPTABLE)

NPI #: \_\_\_\_\_

This fax message and any attachments may contain confidential information. If you are not the intended recipient and have received this message in error, please inform sender and delete the contents without copying, distributing or forwarding. By faxing this form you are acknowledging that the patient is aware that an Edgepark Representative may be contacting them for any additional information to process this order. Thank you.

## Clinical Notes

Patient Name:

Notes: